

# Report 2018 – 19

## Areas covered in this report



- Maternal Mental Health and Wellbeing
- Working with parents to support positive outcomes
- School Readiness and Outdoor Learning
- Access and Inclusivity

**‘Together with families, we will improve the lives and life chances of the children and young people in Lewisham’.**

### MATERNAL MENTAL HEALTH AND WELLBEING

20%

of women in Lewisham develop a mental health problem in pregnancy or within a year of giving birth.

*"When you have children all the old friends you have disappear and you're left alone".*

### HOW OUR SERVICES HAVE SUPPORTED PARENTS



100%

Improved interaction with baby



88%

Raised awareness of health benefits



79%

Makes me feel less isolated



100%

Improved attachment and bonding

Watch our film on how we help prevent isolation through our universal services.



### SCHOOL READINESS

We provide:

- Quality Early Learning
- Parent Participation
- Support for Parents
- Outdoor Learning

*"When I found this centre it was amazing. It taught my child so much and taught me how to support her learning".*

### HOW OUR SERVICES HAVE SUPPORTED LEARNING



97%

Improves my child's learning



97%

Improves my child's social development



### WORKING ALONGSIDE FAMILIES TO CREATE POSITIVE OUTCOMES

We provide 1:1 support for families across Lewisham



*It felt like a conversation – like the first time someone had really listened to me.*

Positive outcomes achieved with families **4,967**

### VOLUNTEERING

**'Me and My Community'** is a 5-week course increasing skills and knowledge in how to work as a volunteer. 18 people successfully completed the course. Find out about how you can become a volunteer. Visit our website

### CO-PRODUCTION

**Parents Connect** is made up of parents trained in community research supporting them in carrying out quality assurance, mystery shopping and research activities.



### ACCESS AND INCLUSIVITY WHAT PARENTS SAY



88%

The environment is welcoming



96%

Access is easy or quite easy

*"The live calendar on the website means I can see at a glance what sessions are on and what I can do with my child".*

### DIGITAL INCLUSION



12,270

New users visiting website over 2018/19



1,000

Families following us on social media



57K+

Over 57,000 page views on our site